

REVIEWER 2 – Answer – Round 2

Reviewer 2: Dear Authors, congratulations for the extensive review of a non-easy topic like UUI, where data are often of low quality, especially for non-pharmacological treatments.

Authors' response: Dear Reviewer, thank you for the time and effort you invested in thoroughly assessing the paper. Thank you for your commitment to ensuring the quality and clarity of this manuscript.

Reviewer 2: Here is my advice:

- Conservative interventions do not include only physical and rehabilitative training programs, of course a solid base for the problem, but also lifestyle intervention. In particular, it is demonstrated that weight loss in obese patients and correction of metabolic syndrome represent effective therapeutic options. Also, treatment of affective disorders, anxiety, and emotional stress could improve symptoms, not only with hypnosis but also thanks to psychological and psychotherapeutic paths. I suggest you to implement these topics.

Authors' response: Thank you for this suggestion. It would have been interesting to explore this aspect in depth. In our review, lifestyle modifications are included in the psychoeducational interventions. We tried to describe this point better in the Results. Due to the lack of information about lifestyle modification we insert in the conclusions the necessity to enhance the conduction of new research.

[New line numbers: 406-408; 693-695]

Reviewer 2: - Todhunter-Brown, A.; Hazelton, C.; Campbell, P.; Elders, A.; Hagen, S.; McClurg, D. Conservative Interventions for Treating 820 Urinary Incontinence in Women: An Overview of Cochrane Systematic Reviews. This citation was used both for [1] and [52], please modify it.

Authors' response: This observation is correct. We have changed and carefully checked all the citations and bibliography.