

The research presented in this article was scientifically well conceptualized and executed. However, some areas require attention to bring them to a level of publication. The authors should attend to the following to edit below:

The blue notes have been rewritten.

Abstract

Line 25: perception ~~on~~ of sleep

Line 26: interest ~~for~~ to coaches

Line 26: These sentences are hard to read; please remove unnecessary words and split them into two sentences.

“The findings presented could be of interest to coaches, athletes, and strength and conditioning specialists, suggesting that competing in two matches per week does not negatively influence injury rate and player’s perceptions of training load or wellness, even though players perceive two games per week as more physically demanding (via RPE) and mood disturbing compared with one game per week.”

Introduction

Line 35: The subordinate phrase *To evaluate players’ achievement* does not appear to be modifying the subject *soccer performance analysis*. Rewrite the sentence to avoid a dangling modifier.

“To evaluate of players’ achievement, soccer performance analysis is crucial and is usually related to a systematic change in the training load. Training load variables, such as duration, frequency, and intensity, play an interactive role in improving and regulating physical capacity and performance [4]. In this context, researchers and coaches have defined soccer as a psychophysiological phenomenon [5, 6], as the subtle changes in load and strain have a large effect on physiological and psychological variables in addition to wellness.”

Line 42: Over the last decades, researchers have utilized several psychological questionnaires ~~aimed at monitoring to~~ monitor training stress, wellness, mood states, and strain to detect early signs of tiredness and/or overtraining and ~~to~~ optimize high-level soccer training performance.

And the suggested article below for psychophysiological responses to soccer game performance.

Arslan, E., Kilit, B., Clemente, F. M., Soylu, Y., Sögüt, M., Badicu, G., ... Murawska-Ciałowicz, E. (2021). The Effects of Exercise Order on the Psychophysiological Responses, Physical and Technical Performances of Young Soccer Players: Combined Small-Sided Games and High-Intensity Interval Training. *Biology*, 10(11), 1180.
<https://doi.org/10.3390/biology10111180>

Soylu, Y., Ramazanoglu, F., Arslan, E., & Clemente, F. (2022). Effects of mental fatigue on the psychophysiological responses, kinematic profiles, and technical performance in different small-sided soccer games. *Biology of Sport*, 39(4), 965–972.
<https://doi.org/10.5114/biolSport.2022.110746>

Line 51: *Understanding how players' perceptions of well-being, mood, and other parameters might change relative to the volume of soccer activity undertaken is key in managing ~~the~~ players' physical and psychological loads placed-upon-players*

Line 53: *This is important because soccer players ~~are often required to~~ often must play up to two competitive matches in a ~~single~~-week.*

Line 54: This sense, previous research [7] suggested that a recovery time of 72 to 96 hours between two consecutive games is adequate to maintain physical performance.

However, **more is needed** to reduce the injury rate compared to one game per week.

Line 62: matches a ~~week~~ **weekly** over six weeks.

Line 67: ~~It~~ **Based on this literature, it** is reasonable to speculate, ~~based on this literature,~~ that the physical performance of soccer players **is** reduced when they are involved in two or more ~~matches a week~~ **weekly matches** over prolonged periods.

Line 69: These sentences are hard to read; please remove unnecessary words and split them into two sentences.

“However, to our knowledge, no studies have examined how playing multiple soccer games in a week (i.e., one vs two) may affect players’ subjective psychometric scores of training load and exertion, sleep, stress, fatigue, muscle soreness, mood state, and injury rate.”

Line 73: Therefore, ~~the aim of this study was~~ **this study aimed** to analyze

Line 78: ~~With regards to the mentioned above~~ **Regarding the abovementioned**, we hypothesized that playing two games per week ~~in comparison with~~ **compared to** one would negatively affect the ~~dependent variables of the study~~ **study's dependent variables**.

Materials and Methods

Line 81: per week ~~were~~ **was** tested

Line 84: each player was ~~provided with~~ **given** a questionnaire

Line 87: ~~Over the course of~~ **Throughout / For** the study,

Line 92: that 18 ~~overall~~, participants

Line 102: Declaration of Helsinki. ~~and the~~ **The** protocol

Line 111: lasted ~~for~~ twelve

Line 115: session, all

Line 127: Borg’s scale [20] ~~as~~ proposed

Line 133: The ~~weekly total~~ **total weekly** load

Line 139: The training monotony, ~~which is a measure from~~ **measured** every

Line 154: ~~At~~ **Upon** arrival at

Line 163: during ~~whole~~ the study

Results

Well-done.

Discussion:

Line 217: **The results of the current study in this respect are not new. However, they demonstrate**

Line 220: As ~~happened~~ with the RPE, total mood disturbance was significantly higher in the period with two ~~games a week~~ **weekly games**.

Line 227: the lower number of **weekly** training per week (3 vs 5)

Line 278: In addition, no significant effects **were found** in the monotony index or hooper index (for sleep, stress, fatigue, and muscle soreness) ~~were found~~.

Line 231: **player's** perception of

Line 231: **with fatigue and muscle soreness**.

Line 238: Thereby, it is still important that the first training session after **a match be moderate to avoid eventual injuries**.

Line 244: **Different approaches to an injury may result in varying results within the literature**

Line 246: Rollo et al. [9] noted that a lack of data regarding injury risk hampers ~~the~~ conclusions ~~that can be drawn relating to about~~ game frequency and player performance. game frequency and player performance.

Line 248: **In this regard, our results regarding the invariable injury rate with two games a week only refer to six weeks**.

Line 349: Therefore, two games per week for ~~periods~~ longer than six weeks may ~~result in increased~~ **increase** cumulative injury risk.

Line 306: ~~While~~ only men - In contrast, only men

Line 314-315: **In contrast, women prefer doing PA at home [39] and are more engaged in housework than men**

Line 251: ~~Future~~ **Research** examining this issue ~~would be~~ **is** necessary to draw robust conclusions.

Line 252: There are ~~some~~ more limitations

Line 258: ~~should consider also~~ **Should also consider** incorporating

Conclusion

Line 261: These sentences are hard to read; please remove unnecessary words and split them into two sentences.

“From a practical perspective, coaches, strength and conditioning professionals, and players should be aware that playing two competitive matches per week over a six-week period does moderately influence psychometric states (RPE) but not the mood states, even though players do perceive two games a week as more physically demanding (via RPE), and mood disturbing compared to one game per week.”