

REVIEW

Thank you for the opportunity to review this manuscript.

Congratulations for your study and effort. However, I would like you to pay attention to the following indications for improvement its importance.

Abstract:

- **Title:** It is strongly recommended that in the title (or at least abstract) you add information on the type of study design.
- Please, prove the aim of the study.
- It is said that “Sex and age and playing position also had significant effects on external load” (lines 19-20). It would be interesting to indicate who presents better data: young or adult, male or female?

Methodology

- It is recommended to start with information about the type of study, setting, and location of the study (key elements of study design).
- In the *subjects* section, it is not possible to give data obtained from the results, such as the mean and standard deviation, as these belong to the results section. In *subjects or participants* we only talk about their inclusion and exclusion criteria, where the sample came from (recruitment) and whether they have signed the informed consent.
- Please, explain how the study size was arrived at.
- Statistical Analysis: please, indicate that the normality of the sample has been confirmed

Results

- Lines 198-203 are talking about table 2, ¿right? Please, reference table 2

Discusión

- Please, begin summarizing key results with reference to study objectives